

Newsletter



Telephone: 01962 881410
E-mail: admin@kingsworthy.hants.sch.uk

www.kingsworthy.hants.sch.uk

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Dear Parents and Carers

Olympian Visits Kings Worthy

On Monday, we were very lucky to be joined by Annie Campbell-Orde, who is a rower for Team GB and won a bronze medal in the Paris Olympics in the summer. We learned about Annie's road to the Olympics, how she got into rowing, her training schedule and a bit about what she enjoys outside of rowing. Annie told us that anyone can make it as an Olympic athlete, as long as you are committed, hardworking and resilient.

The children also had a go at practising some rowing drills and techniques in their PE lesson with Annie later on in the day. It was wonderful to hear the children so excited and inspired by Annie's story and incredible to think that our children at Kings Worthy could be future Olympians.





Smartphone Health Harms - Hampshire Expert Panel Q&A

Parents/carers across our school community have been extended the invitation to attend the above event which will discuss the impact on children's mental and physical health as a result of social media, and smartphone use. This will be at **St. Swithun's School on Thursday 6th March between 19:00-21:00**. Below is some information about this event:

Dr Helen Thomas has brought together mental health trainers, safeguarding specialists, police and headteachers to discuss the health harms that we see in children due to smartphone and social media use. Join us to hear about the impact on the mental and physical health of children due to social media and the risks around sexting and grooming. All the experts will be available for discussion at the end of the evening. Tickets are free but space is limited so booking is required.

To book a space on this event, or to find out more please follow this link: https://www.eventbrite.co.uk/e/smartphone-health-harms-hampshire-expert-panel-qa-tickets-1140710408539?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl

Samba Drumming

For the last three weeks, we have been lucky enough to have Mr Walker from the Hampshire Music Service in giving us Samba drumming lessons. We began by watching videos of the carnival in Brazil and we learned all about the different instruments that Mr Walker had brought in. There were: Agogo bells, Tamborims, Repeniques, Ganzas and Surdos. Over the 3 weeks, we learned lots of different rhythms and rhymes to help us remember the different parts. It was very tricky at first, but we got the hang of it! The rhythms to 'Baby Shark' and 'One, two, three, four, five...banana!" were strong favourites! Each instrument had a different part in the music and together it all sounded amazing, although was very, very loud!

"I think the Samba workshop was AMAZING! Mr Walker was so nice and taught us really well. It sounded like we had been playing forever!" Emily C, 5S

"The Samba was great! My favourite thing was the Surdos!" Ethan, 5S

"I wish I could do it every day because it was so much fun doing something that they do on the opposite side of the world!" Matthew, 5W

"You don't normally get a chance to do that type of drumming in school and it was just so fun! It was a great workshop!" Ava S, 5W

(written by Mrs Smallwood)







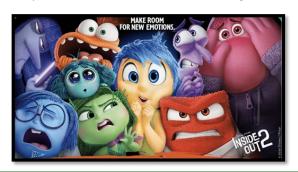


Children's Mental Health Week

This year, Children's Mental Health Week is taking place from 3-9 February 2025. The week's focus is Know Yourself, Grow Yourself, with the aim to encourage children and young people across the UK to embrace self-awareness and explore what it means to them.

This year, Place2Be are partnering with Here4You, supported by The Walt Disney Company and the *Inside Out* 2 characters to explore the theme **Know Yourself**, **Grow Yourself**.

The children will be taking part in a variety of activities and assemblies during the week to focus on the theme.



Maths Shed

It has been another exciting week on the maths shed leader board. 5S managed to leap to the top of the leader board and it is great to see familiar names on our individual winners. Well done to all of the winners! Can **you** make it the top next week?

<u>Classes</u>

1st **Place** – 5S

2nd Place – 6C

3rd Place – 2B

Individuals

1st Place – Ben S., Year 5

2nd Place – Skye, Year 6

3rd Place – Rosanna S, Year 3



Beginning next half-term, we will be changing our Maths competitions to be focussed on Times Tables Rockstars! Stay tuned for what those competitions will look like. Now is definitely the time to brush up on your times table knowledge and check your log in works!

Spelling Shed

Wow! Another amazing week from 5S who have once again held onto the top spot. A brilliant attempt from Year 4 this week too, who followed closely behind in second and third place. Congratulations to Vlad, who once again tops our leader board and a fantastic effort this week from Finley and Daniel. Fantastic work – well done!

Classes

1st Place – 5S

2nd Place – 4R

3rd Place – 4D

Individuals

1st Place – Vlad, Year 5

2nd Place – Finley, Year 4

3rd Place – Daniel, Year 4

Reading Trails

Congratulations to the following children for completing their bronze reading trail.

1HW - Willow

2MS - Olive

3B - Luna and Esme

3S - Martha

Congratulations to the following children for completing their silver reading trail.

1HW - Bertie and Benjamin

1W - Flissy

2MS Ben R

3S - Eleanor

4D - Penny

Congratulations to the following children for completing their sapphire reading trail.

6C - Joshua G

Congratulations to the following children for completing their gold reading trail.

2MS - Freya

3B - Polly

Well done to all of the children that have completed the trails so far and have received their badges. There is plenty of time still to complete them. Don't forget to bring them back to the library to receive your badge and the next trail in the competition.

PTFA Spending

The PTFA are busy planning our spring and summer 2025 events. We thought it would be good to share with the school community how we are spending the money we raise. We have used PTFA funds recently to purchase glockenspiels and keyboards for the music department. We also contributed £4000 to the new AV projector equipment in the school hall. In addition to these investments we are making a large contribution to the cost of coaches again this year to keep the costs of school trips down across all school years. A large proportion of the money we are raising this year will go towards the trim trail play area being renovated which will be very exciting for pupils across all years.

In addition to these areas of spending, the PTFA pay annually for resources that benefit children across the whole school such as a visit from an author, the First News newspaper subscription and the visiting pantomime company.

Thank you for your ongoing support for the PTFA and for joining in with the events we organise. If you are interested in getting involved with PTFA work as a volunteer at events or in a more formal way, please email us: kingsworthyschoolptfa@gmail.com.

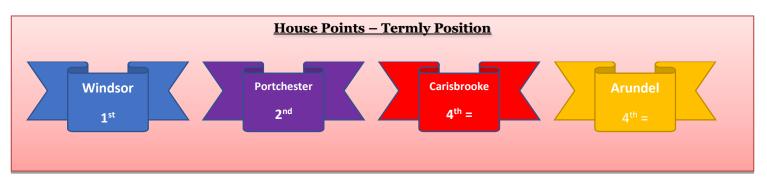
Cross-Country



On Wednesday children from Year 4 and 5 participated in a cross-country event at the Gregg School. The track took them across a kilometre of muddy ground. They ran with determination, showing incredible resilience and pushing themselves to their limits throughout the race. Not only did they display great athletic ability, but they also demonstrated excellent sportsmanship, supporting each other and encouraging their teammates along the way. Their efforts were rewarded with a few well-earned medals and some very muddy trainers. I was really impressed with the children's behaviour and efforts.

(Written by Mr Watton)





Jamie Dodson

Headteacher